

Blended Message Ministry

Into all the World



How Urgent is This Message?

Why Blended
Message Ministry...

And Why Now?



It's a War Zone out There!

Environment: What surrounds you

Culture: What pressures you

Biology: What changes you

Brain: What drives you

Spiritual: Who leads you



Rev. 14

- Midst of Heaven
- Loud voice
- Eternal gospel
- Call out of error
- Hour of judgment

Rev. 18

- Great authority
- Cried mightily
- Earth illuminated
- Full corruption
- End of judgment

Come out of her, My people

Negative

- Danger
- Risk
- Trials
- Brokenness
- Death

Positive


- Power
- Glory
- Perseverance
- Restoration
- Eternal life

Let courage rise with danger!



“Fear not.”

Luke 12:7



“All who consecrate
soul, body, and
spirit to God will be
constantly receiving
a new endowment
of physical and
mental power.”

DA 827

To Make Man Whole...



Begins with HOPE

Heaven

Heartaches

Hindrances

Habits



“The spirit of the Lord is upon Me,
because he has anointed me to
heal the brokenhearted, to preach
deliverance to the captives, and
recovering of sight to the blind, to
set at liberty them that are bruised.”

Luke 4:18



Mind

Body

Spirit



The Messages are Linked

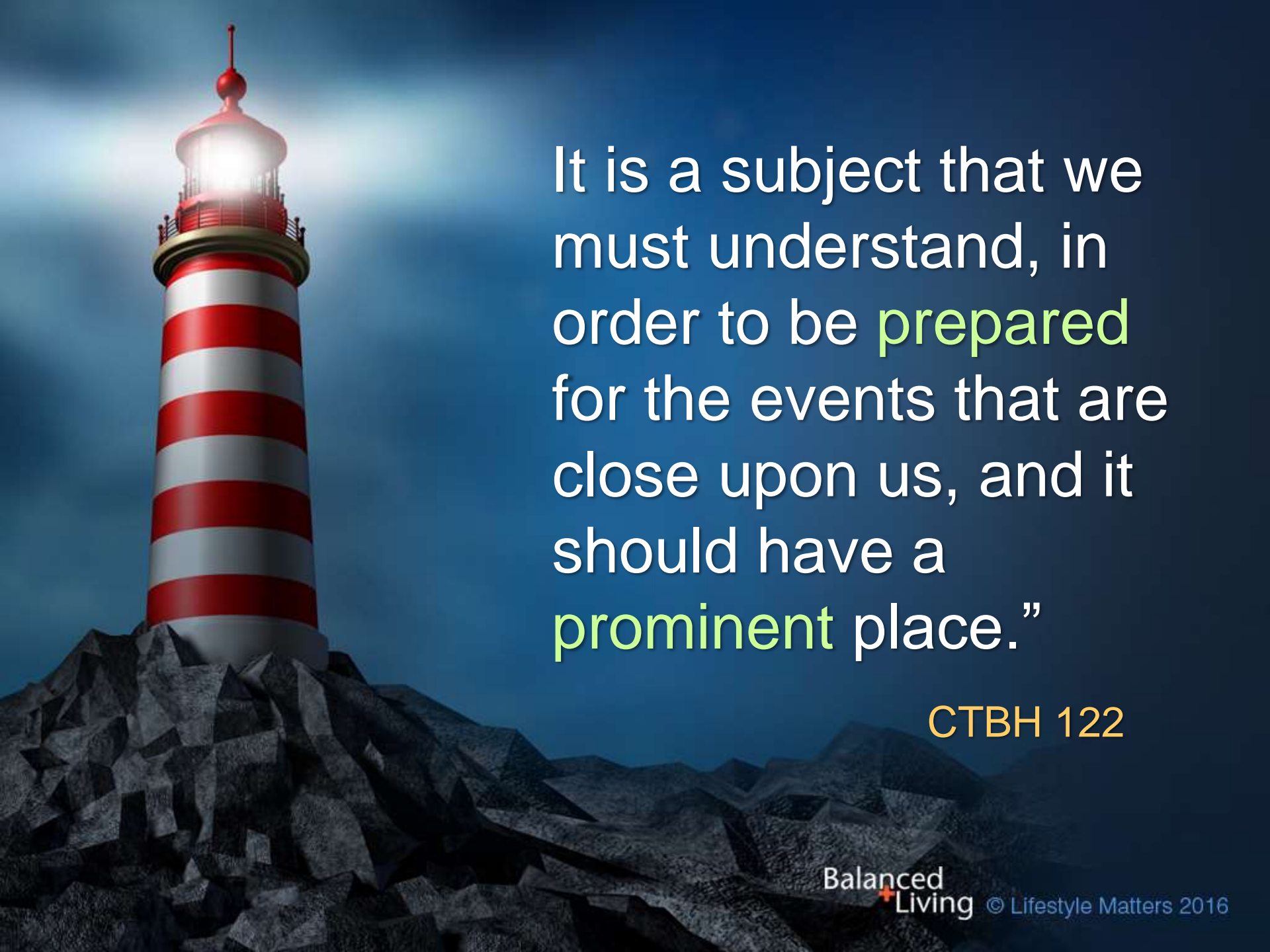
“Paul reasoned concerning
righteousness, temperance,
and judgement to come,”

Acts 24:25



Blended Message Ministry

“The health reform is one branch of the great work which is to fit a people for the coming of the Lord...”



It is a subject that we must understand, in order to be **prepared** for the events that are close upon us, and it should have a **prominent** place.”

CTBH 122

Nutrition and Lifestyle

“Physical and mental exercise, proper nutrition, and adequate sleep will help anyone gain cognitive clarity and emotional stability.”

Ratey J. User's Guide
to the Brain, p.356.



“Eating a high-fructose [added sugar] diet over the long term alters your brain’s ability to learn and remember information...”



Our study shows
that a high-fructose
diet harms the
brain as well as
the body.”

Fernando Gomez-Panilla
UCLA Dept. of Neurosurgery



“We have studied
the effect of
insulin resistance
on the pancreas,
the retina, and the
other organs...



“But what about
the brain? No
one thinks about
the brain.”

Antonio Convit. Center for
Brain Medicine, NYU
School of Medicine



Repeated poor food choices can set fundamental patterns in the production of the brain chemicals that regulate appetite and mood...



so that you become a
victim of mood swings,
food cravings, poor
sleep habits and other
emotional problems
...because of poor
eating habits.

Somer, E. Food and
Mood, p. 17, 1st ed.



“Those who
eat and work
intemperately
and irrationally
talk and act
irrationally.”

CD 50



Why Health Evangelism?

“Intemperance
lies at the
foundation of
all the evil in
our world.”

Temp 165

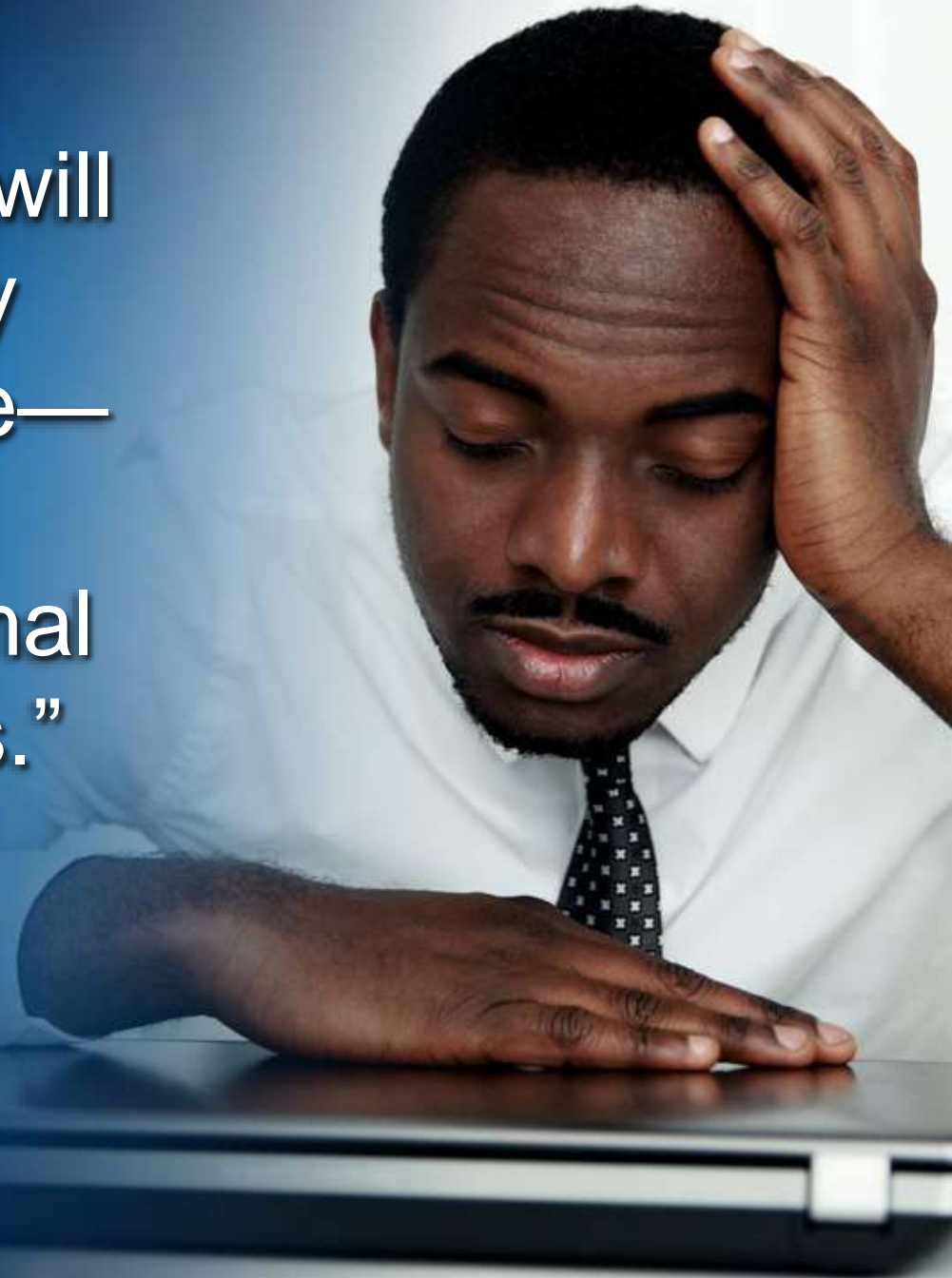


“If the diet is
largely junk food
with large amounts
of highly saturated
animal fat...

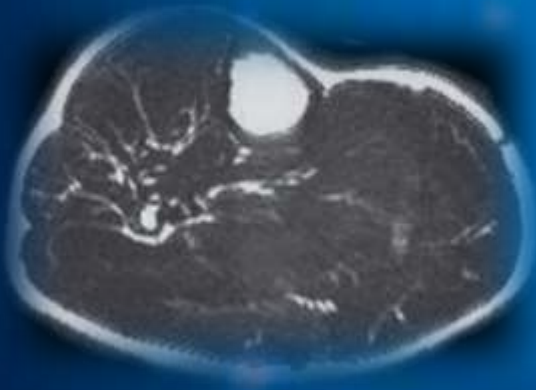


“the membranes will reflect that diet by being less flexible—stiffer, and more restrictive to normal enzyme functions.”

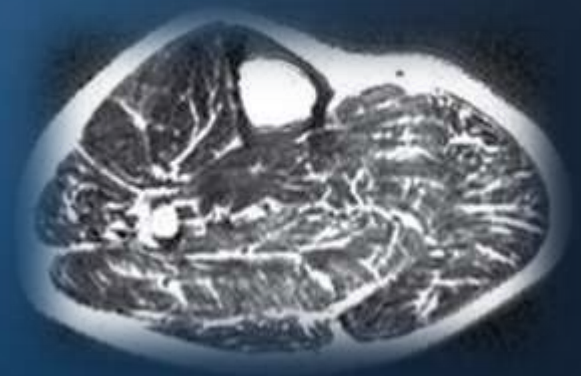
Bernell Baldwin, PhD
Foods for Thought



Normal
skeletal
muscle



Fatty
skeletal
muscle

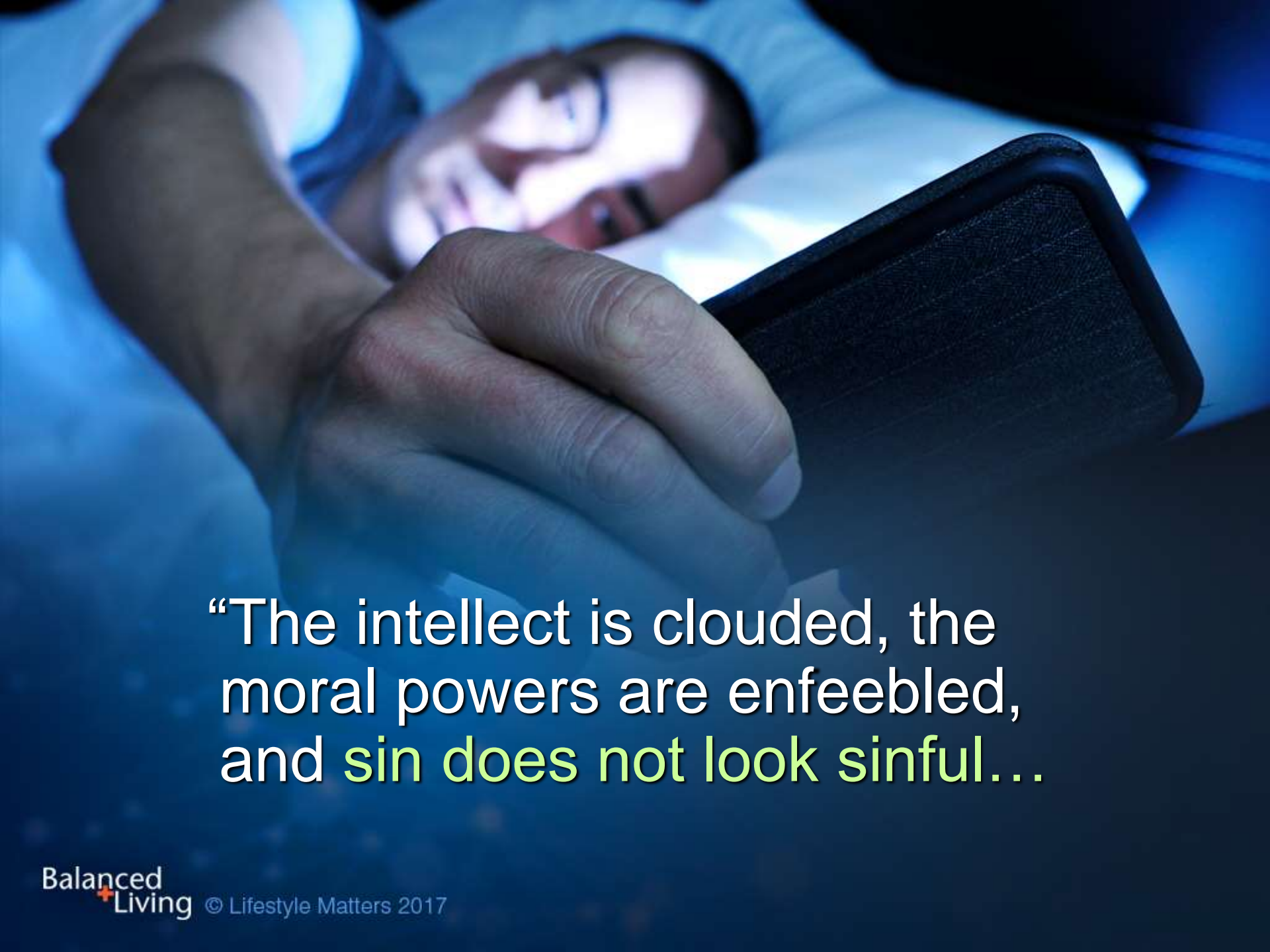


Metabolic Syndrome and Brain Risks



- ✓ Depression
- ✓ Slower thinking
- ✓ Less alert
- ✓ Less energy
- ✓ Memory loss
- ✓ Dementia

“It is impossible for men, while under the power of sinful, health-destroying habits, to appreciate sacred truths...”

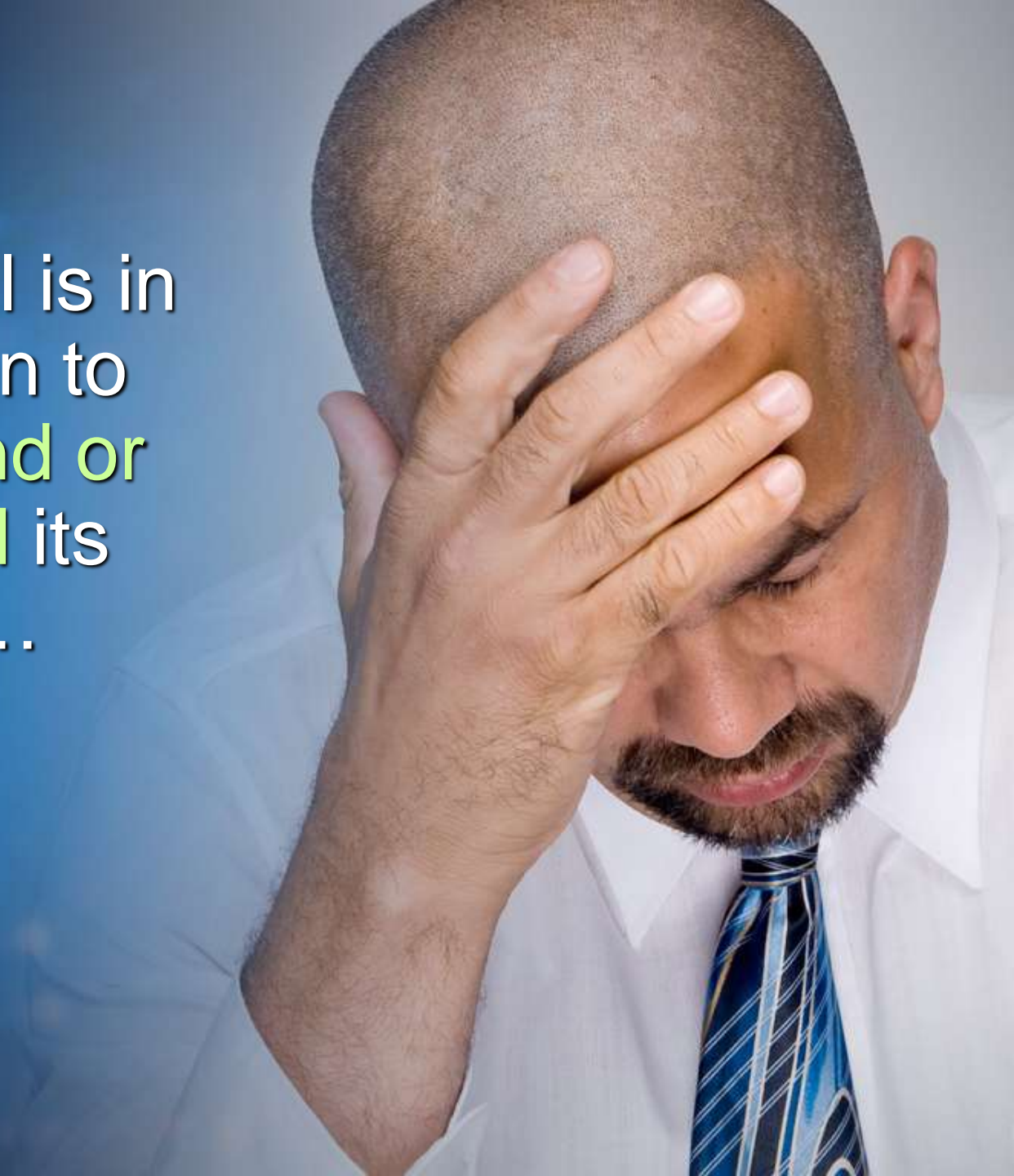


“The intellect is clouded, the
moral powers are enfeebled,
and sin does not look sinful...”



“The most ennobling, grand, and glorious themes of God’s Word seem but **idle tales**. Satan can then **easily snatch away** the good seed that has been sown in the heart...


“for the soul is in
no condition to
comprehend or
understand its
true value...”





“It is thus that selfish, health-destroying indulgences are **counteracting** the influence of the message which is to **prepare a people** for the great day of God.”

OHC Sept. 17



“The abuses of the stomach by the gratification of appetite are the fruitful source of most church trials.”

CD 50

“A healthy stomach is essential to keep the precise balance of chemicals for optimal mental and physical health.”

Alesandra Rain, Our Second Brain; Pointofreturn.org



“A diseased stomach produces a diseased condition of the brain, and often makes one **obstinate in maintaining erroneous opinions.** The supposed wisdom is foolishness with God.”

CD 140

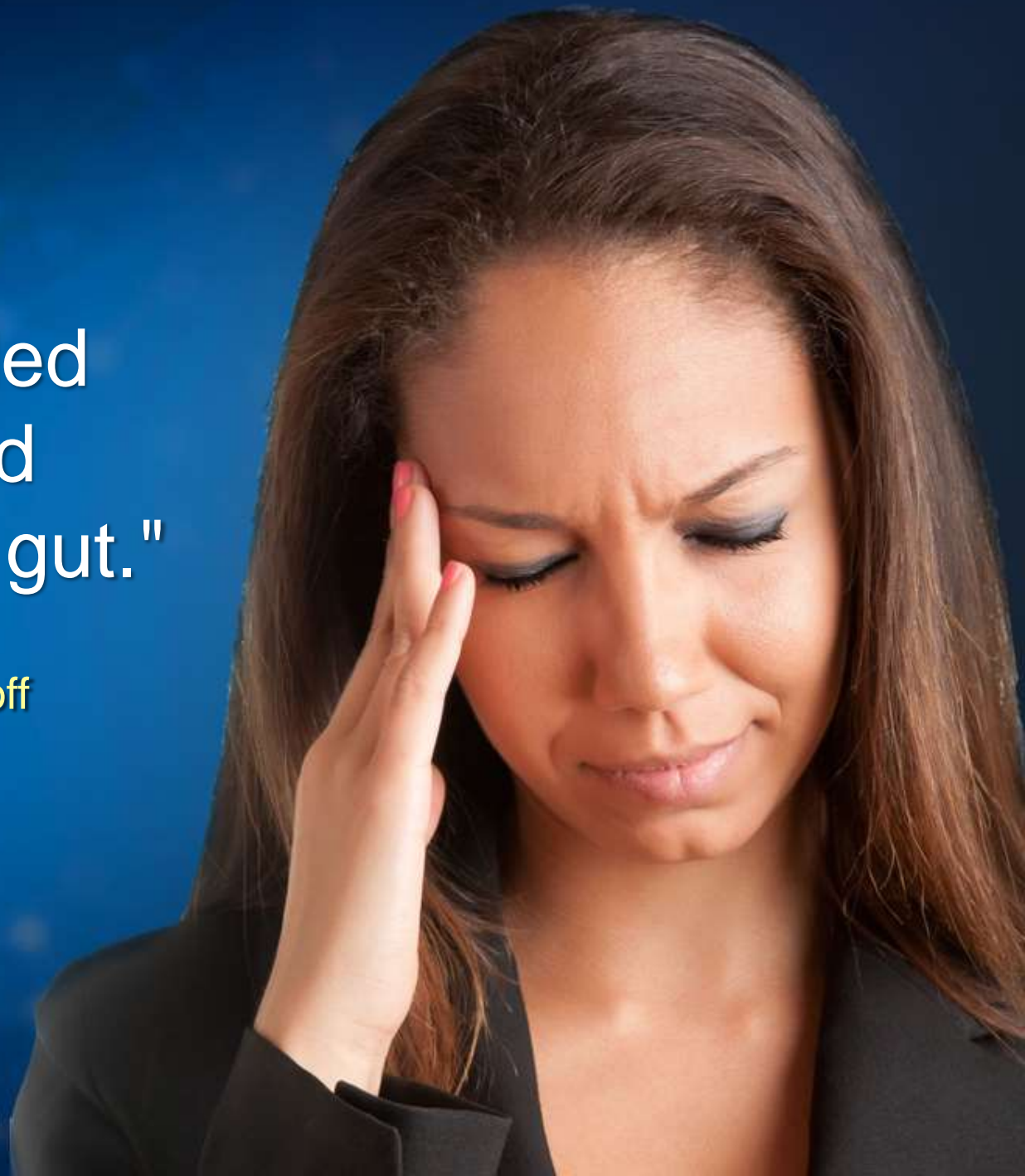




“The gut-brain connection is no joke...This connection goes both ways. A troubled intestine can send signals to the brain...”

[and] a troubled
brain can send
signals to the gut."

Anthony L. Komaroff
Harvard University



Worst Evil When Separated

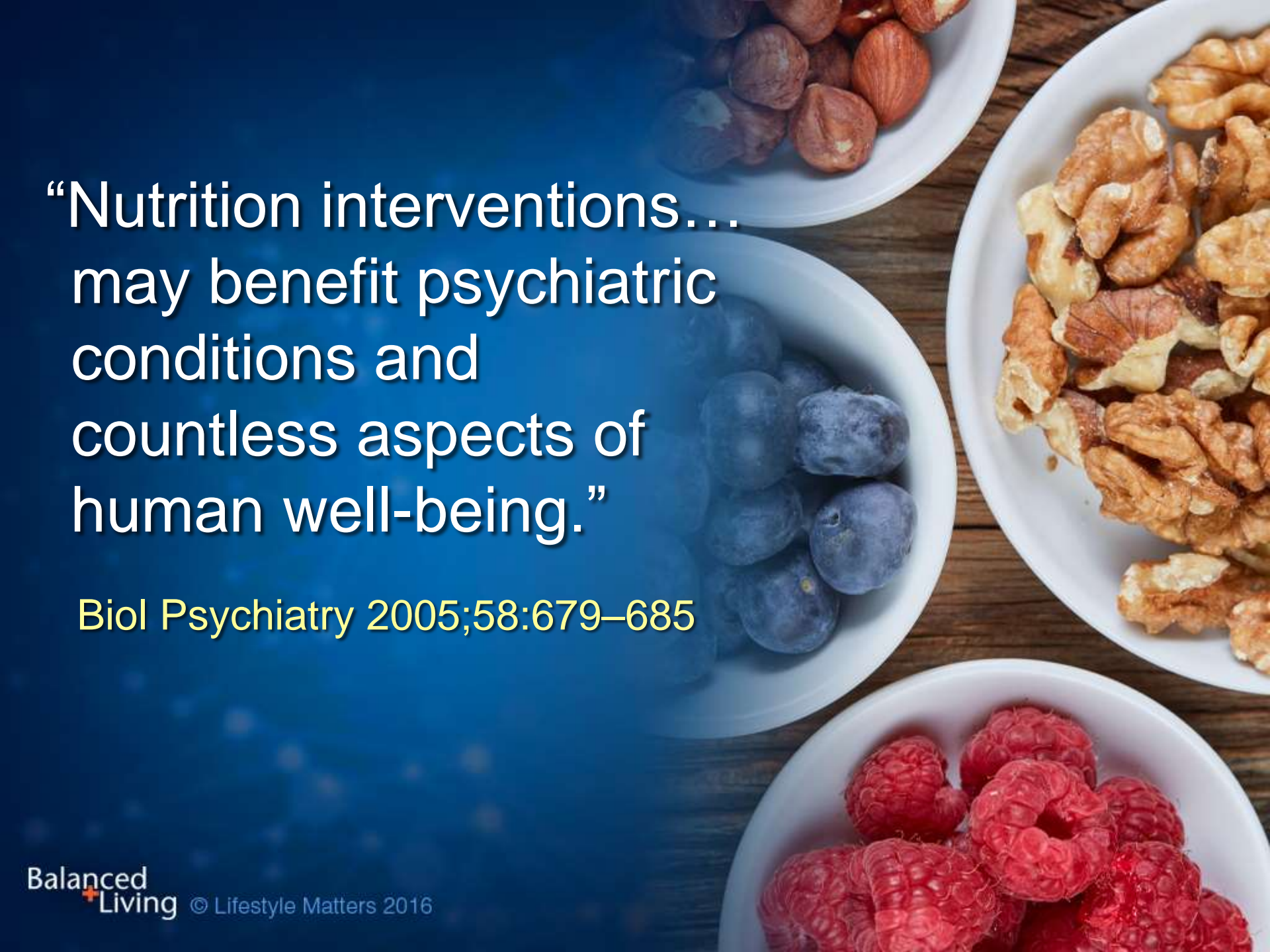
“When the gospel ministers and the medical missionary workers are not united, there is placed on our churches the **worst evil** that can be placed there.”

MM 241

“Temperance alone is the foundation of **all** the graces that come from God, the foundation of **all** victories to be gained.”

Temp 201





“Nutrition interventions...
may benefit psychiatric
conditions and
countless aspects of
human well-being.”

Biol Psychiatry 2005;58:679–685

“The brain is a far more open system than we ever imagined, and nature...has given us a brain that survives in a changing world by changing itself.”

Doidge N. The Brain That Changes Itself, p. 26.

“Experiences,
thoughts, actions,
and emotions
actually change
the structure of
our brains.”

John Ratey, MD. User's
Guide to the Brain, p. 17.



“One necessary precursor to change, though, is often a change of attitude.”

John Ratey, MD. User's Guide to the Brain, p. 356.

“The medical
missionary work
should be a part
of every church
in our land...”



“If people see that we are **intelligent** with regard to health, they will be more ready to believe that we are **sound** in Bible doctrines.”

CTBH 121

Blended Message Affects:

1. The worker
2. The people
3. The results

Jesus Taught Hope

“The Savior went from house to house, healing the sick, comforting the mourners, soothing the afflicted, and speaking peace to the disconsolate...”



“It was His meat and drink to bring hope and strength to all with whom He came in contact...God’s ministers are to learn Christ’s method of laboring.”

AA 364-5



“The very **essence**
of the gospel is
restoration...”

“and the
Saviour would
have us bid the
sick, the hope-
less, and the
afflicted take
hold upon His
strength.”

CH 31



Balanced Living, Quit Nicotine, Revelation's Overcomers



LifestyleMatters.com




Blessings Bounce Back

“Strength to
resist evil is
best gained
by aggressive
service.”

AA 105

“Many, many will be rescued from physical, mental, and moral degeneracy through the practical influence of health reform...”





[many] will advance
step by step to
receive the special
truths for this time.
Thus truth and
righteousness meet
together.”

6T 378-9

*“Now is our time,
now is our
opportunity, to do
a blessed work.”*

Temp 257



alamy®

Images © Alamy
www.alamy.com

Images used in PowerPoint presentation are part of the presentation and not to be used out of context of the presentation, may not be used as stand-alone images unless to promote the presentation/event, and may not be resold in singular form or as part of an image library. Images are © Alamy and presentation templates and content therein are © MISDA, any other usage requires written permission from both parties.

Scripture quotations used in ***Balanced Living PowerPoints*** are taken from Bibles in the Public Domain which have no USA copyright restrictions. We have indicated which version each quotation is taken from as follows:

KJV - King James Version

BBE - Bible in Basic English

WEB - World English Bible

DBY - Darby's Translation

Any scriptures not otherwise noted are the author's paraphrase of one of these versions.