

Advent

OUR STORY



*Extending
the healing ministry of
Christ*

Creation

Adventist Heritage



*Yours truly,
J. N. Kellogg*

**I have come that
they may have life,
and have it to the full.**

— John 10:10

Our Vision

A faint, artistic silhouette of a person stands in the background, facing away from the viewer. Their arms are outstretched, and they hold a long, thin staff or wand in their right hand, pointing it upwards. The background is a soft, textured wash of light blue and white, suggesting a misty or ethereal atmosphere.

Wholistic
Exceptional
Connected
Affordable
Viable

Our Governance

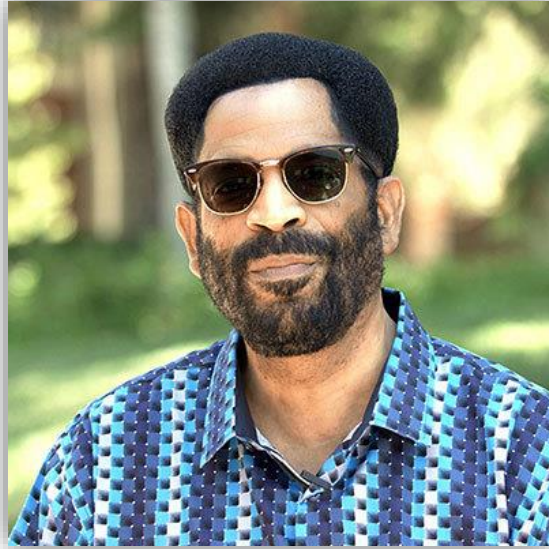


Gary Thurber

President

Mid-America Union Conference

Board Chairman
Adventist Health System

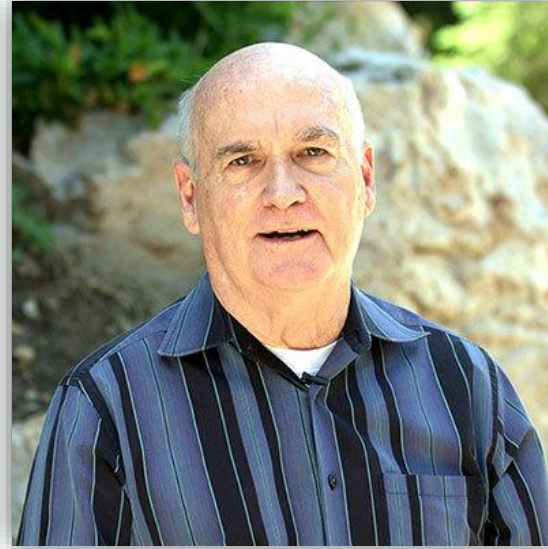


Ron Smith

President

Southern Union Conference

Board Vice Chairman
Adventist Health System



Larry Moore

President

Southwestern Union Conference

Board Vice Chairman
Adventist Health System

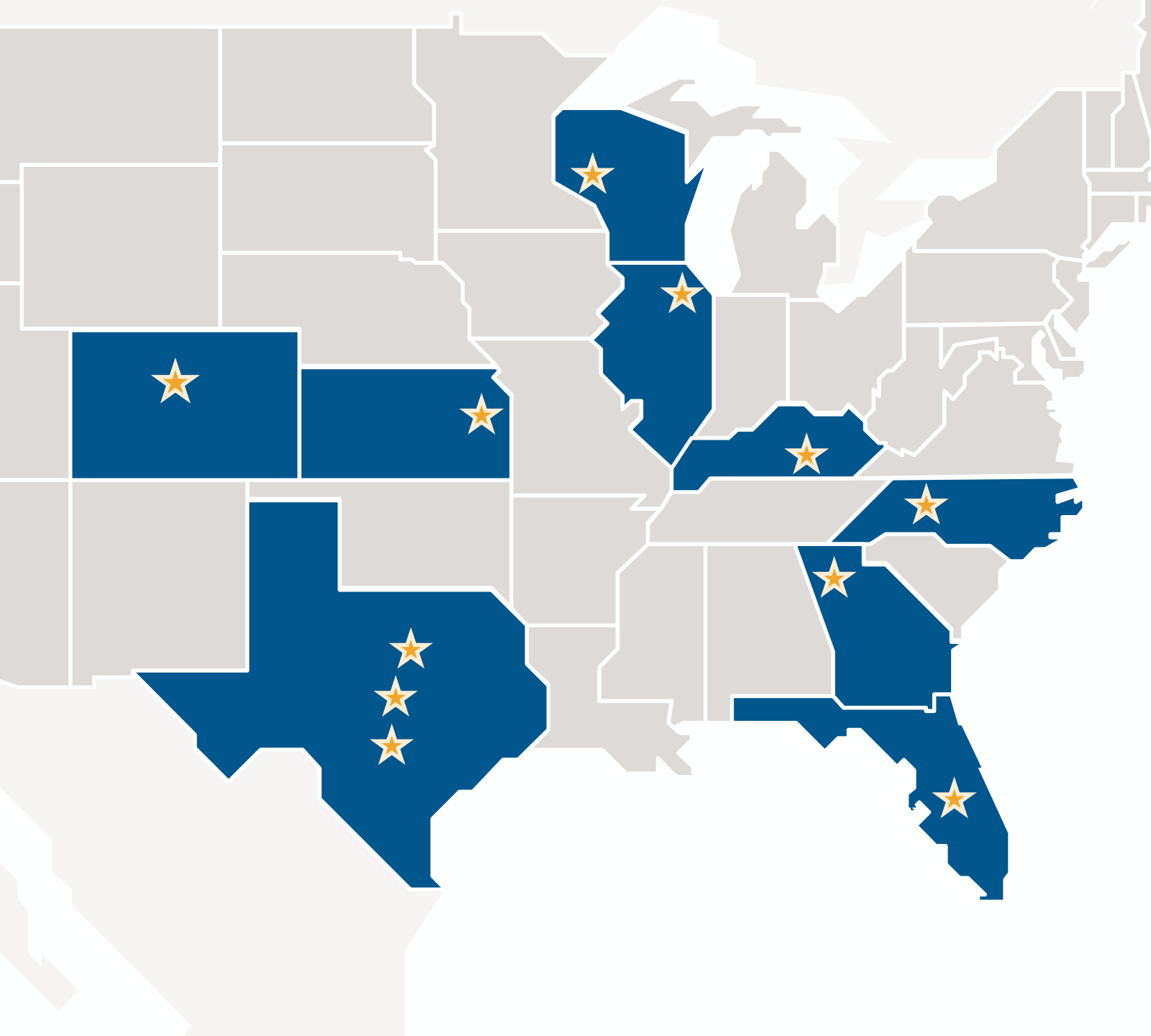


Maurice Valentine

President

Lake Union Conference

Board Vice Chairman
Adventist Health System



Early 1900s

Hinsdale | Orlando | Denver

1973 AHS founded

47 hospitals+

80,000 team members

5 million served annually

\$11B Net Revenue

Integrating Spirituality Into Outpatient Practice in the Adventist Health System

Harold G. Koenig, MD, Kathleen Perno, RN, CLC, and Ted Hamilton, MD

Objectives: We examined Adventist Health System (AHS)-affiliated providers and staff regarding controversial spiritual practices such as praying led by a practitioner, sharing of personal religious beliefs, and encouraging patients' religious beliefs for health reasons.

Methods: Approached were 1082 providers to participate in a project to integrate spirituality into outpatient care. Those who agreed were asked to identify staff in their practice to assist. Providers and staff were asked to complete a baseline questionnaire examining attitudes/practices concerning spiritual activities with patients. Regression models were used to identify predictors.

Results: Questionnaires were completed by 520 providers (83% physicians and 17% mid-level practitioners) and 217 nurses and other staff members. A significant proportion of providers and staff (29.6% vs 49.1%) indicated "often/very often" to a statement that healthcare professionals should pray with patients, should initiate an offer to pray (25.7% vs 49.1%), should pray if the patient initiates the request (72.2% vs 79.5%), and should encourage greater religious activity for health reasons (48.9 vs 48.1%). With regard to behaviors, 15.3% of providers and 8.8% of nurses and other staff members currently often or always prayed with patients, 24.2% and 25.1% shared their personal faith, and 28.2% compared with 22.0% encouraged patients to become more active in their religious faith; however, 93.3% had little or no training on how to do so. The strongest and most consistent predictor of religious activity with patients was self-rated religiosity of the health professional.

Conclusions: A significant proportion of Adventist Health System providers and staff favor engaging in spiritual practices with patients. Training is needed to engage appropriately and sensitively in these activities.

Key Words: attitudes and behavior, healthcare professionals, physicians, religion, spirituality

Religion, spirituality, and health have been associated with better health and improved health outcomes, justifying the

notion that healthcare professionals (HPs) should integrate spirituality into patient care.^{1,2} What does that mean? Most agree this involves HPs taking a screening spiritual history to identify patients' cultural and personal values, beliefs, and preferences, but does it end there? Although approximately 10% of physicians do the minimum requirement of taking a spiritual history, some go beyond that by sharing their own religious beliefs, praying with patients (either responding to patients' requests for prayer or offering prayer themselves), or encouraging patients to become more active in their religious faith.³

Systematic information on the attitudes and practices of providers regarding praying with patients, sharing religious beliefs with patients, or encouraging patients to become more active in their own religious faith, particularly in outpatient settings, is rare. One of the few exceptions was a 2004 (latest data available) national survey of 1144 US physicians, which found that 59% never or rarely share their own religious ideas/experiences with patients and 81% never or rarely pray with patients.³ Likewise, in a regional study of physicians in the northeastern United States (N = 108), only 7% said that "offering to pray with patients/families is appropriate behavior for medical providers" (and 61% disagreed).⁴

Adventist Health System (AHS) has 46 hospital campuses in the United States⁵ (most in the southeastern United States), is the largest Protestant healthcare system in the country, and is the fifth largest nonprofit hospital system.⁶ How do HPs in faith-based health systems such as AHS feel about spiritual interventions and how frequently do they engage in them?

Key Points

- A significant proportion of providers and staff (29.6% vs 49.1%) believe that healthcare professionals should pray with patients, initiate an offer to pray (25.7% vs 49.1%), pray if the patient initiates the request (72.2% vs 79.5%), and encourage greater religious activity among patients for health reasons (48.9% vs 48.1%). Smaller percentages often or always prayed with patients, shared their personal faith with patients, and encouraged patients to become more active in their religious faith.

Do you have someone who loves and cares for you?

Spiritual Wholeness Screening

Do you have a sense of peace today?

Do you have a source of joy in your life?

From the Departments of Psychiatry and Medicine, Duke University Medical Center, Durham, North Carolina, Department of Medicine, King Abdulaziz University, Jeddah, Saudi Arabia, and the Adventist Health System, Orlando, Florida.

Correspondence to Dr Harold G. Koenig, Box 3400, Duke University Medical Center, Durham, NC 27710. E-mail: Harold.Koenig@duke.edu. To purchase a single copy of this article, visit sma.org/smj-home. To purchase larger reprint quantities, please contact reprints@wolterskluwer.com. Funding support provided by grant no. 55444.

More Than Healthcare

1

CREATION
Health

2

Academic
Programs

3

Community
Impact

4

Global
Missions



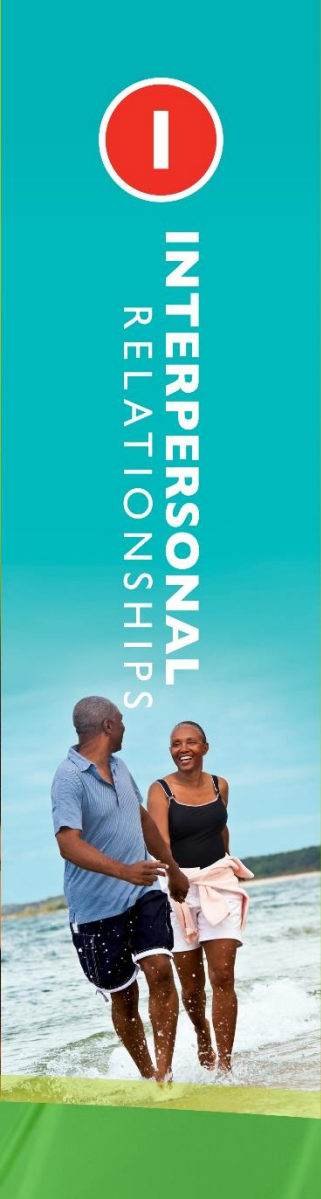
NUTRITION



OUTLOOK



INTERPERSONAL
RELATIONSHIPS



TRUST



ACTIVITY



ENVIRONMENT



REST



CHOICE



creation[®]
HEALTH

CREATION Health Products sent to 89 Countries



**Translated in
10 Languages**

University Online Assessment Pilot



The screenshot displays the 'creation HEALTH LIFESTYLE ASSESSMENT TEST' website. The header includes 'creation HEALTH' and 'LIFESTYLE ASSESSMENT TEST' with 'SIGN UP' and 'SIGN IN' links. A navigation bar contains 'HOME', 'MY PROFILE', 'ABOUT', and 'CONTACT'. The main content area features a Venn diagram with 'BODY' (green), 'MIND' (blue), and 'SOUL' (orange) circles. To the right, it says 'EVALUATE YOUR LIFESTYLE' with bullet points: 'Find the areas you need the most improvement', 'Track your health progress over time', and 'Receive personalized health tips'. A 'START NOW' button is present. Below this, the 'YOUR FIRST STEP TOWARDS A HEALTHIER YOU' section welcomes users and explains the test's purpose. The 'PROGRESS REPORTS' section describes the goal of showing baseline health and tracking progress. The 'HEALTH TRACKING TOOLS' section shows a radar chart with axes labeled C, R, E, A, T, I, O, N. The bottom of the page contains various logos and text, including 'CREATION Health®. All Rights Reserved', 'CREATIONHealth.com', 'SECURITY VERIFIED & SECURED', 'CERTIFIED', 'National Wellness Institute', and 'the center for Health Futures'.

More Than Healthcare

1

CREATION
Health

2

Academic
Programs

3

Community
Impact

4

Global
Missions

Academic Programs



**ADVENTIST UNIVERSITY
OF HEALTH SCIENCES**

Florida Hospital's University

**Graduate
Medical Education**

12

**Accredited
GME Programs**

200+

**Residents and
Fellows**

More Than Healthcare

1

CREATION
Health

2

Academic
Programs

3

Community
Impact

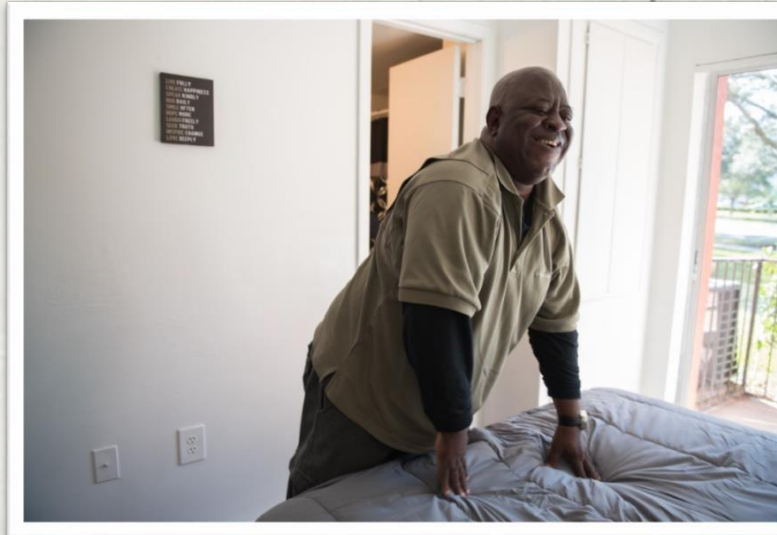
4

Global
Missions

Food is Medicine



Housing First



Water Kiosk



More Than Healthcare

1

**CREATION
Health**

2

**Academic
Programs**

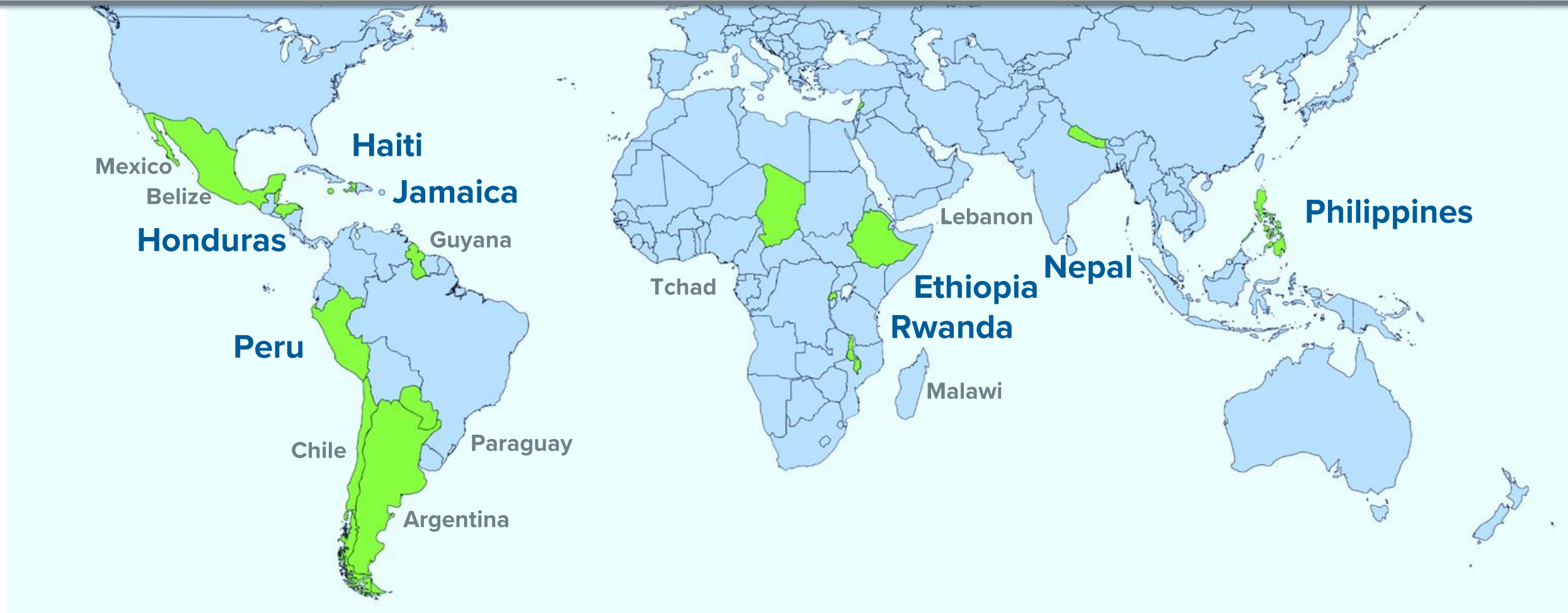
3

**Community
Impact**

4

**Global
Missions**

Mission Involvement Around the World

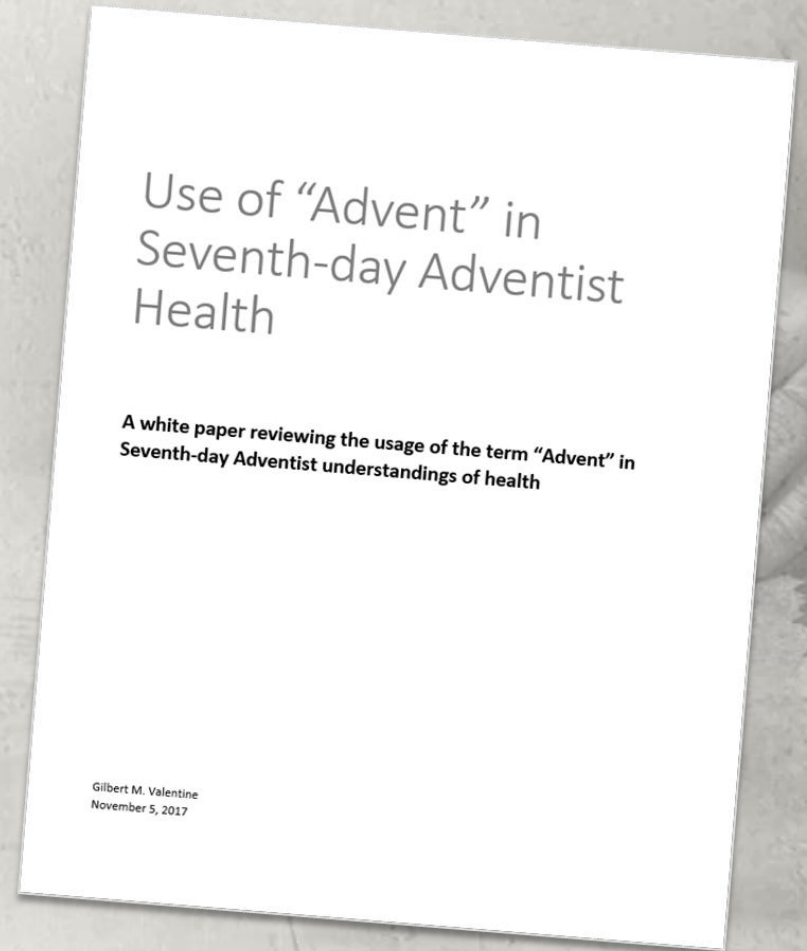


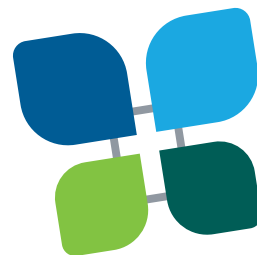
One System. One Brand.



Call Upon the Significance of the Advent Message

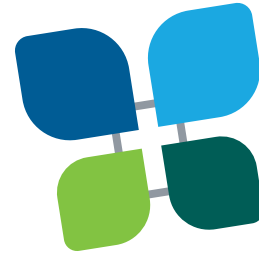
“It would be a way of embracing the healing, wholeness and hopefulness that came in the incarnation of Jesus and his healing ministry...In the Gospels, the word for healing and salvation are the same. The Advent that brings salvation brings healing.”





Advent Health

feel whole™



Advent Health

www.adventhealthtransition.com

